

KNOWLEDGE OF FAITH STUDY SHEET

1. What is a Sacrament?

A Sacrament is an outward sign instituted by Christ to give grace.

2. What are the Seven Sacraments?

The Seven Sacraments are:

Baptism
Confirmation
Holy Eucharist
Penance
Anointing of the Sick
Holy Orders, and
Matrimony

3. What are the Ten Commandments?

The Ten Commandments are:

1. I am the Lord your God. I brought you out of slavery. You shall have no other gods except Me.
2. You shall not misuse the name of the Lord your God.
3. Remember to keep holy the Sabbath day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet anything that belongs to your neighbor.

4. What are the Holydays of Obligation in the United States?

The Holydays of Obligation in the United States are:

1. Immaculate Conception (December 8)
2. Christmas (December 25)
3. Solemnity of Mary, Mother of God (January 1)
4. Ascension Thursday (Forty Days after Easter)
5. Assumption of Mary (August 15)
6. All Saints' Day (November 1)

On these days and on each Sunday, we worship God at Mass.

5. What is Jesus' Law of Love?

Jesus' Law of Love is:

You shall love the Lord your God with your whole heart, with your whole soul, and with all your mind. This is the greatest and first commandment. The second is like it; you shall love your neighbor as yourself. On these two commandments the whole law is based.

6. What are the Corporal Works of Mercy?

The Corporal Works of Mercy are:

Feed the hungry.
Give drink to the thirsty.
Clothe the naked.
Welcome the stranger.
Visit the sick and imprisoned.
Bury the dead.

7. What are the Spiritual Works of Mercy?

The Spiritual Works of Mercy are:

Warn the sinner.
Instruct the ignorant.
Counsel the doubtful.
Comfort the sorrowing.

Bear wrongs patiently.
Pray for the living and the dead.
Forgive all injury.

8. What are the Seven Deadly Sins?

1. PRIDE – an exaggerated opinion of one’s own worth.
2. GREED – an excessive desire for wealth and possessions.
3. LUST – an excessive desire or indulgence in sexual pleasure.
4. ANGER - an acceptable emotion, but not when it is uncontrolled and leads to hatred and violence.
5. GLUTTONY – excessive use of food or drink.
6. ENVY – jealousy over the good fortune of our neighbor.
7. SLOTH – is laziness, an unwillingness to do anything, particularly
 - a. to fulfill one’s religious obligations.

9. What are the Beatitudes?

Blest are the poor in spirit; the reign of God is theirs.
Blest are the sorrowing; they shall be consoled.
Blest are the lowly; they shall inherit the land.
Blest are they who hunger and thirst for holiness; they shall have their fill.
Blest are they who show mercy; mercy shall be theirs.
Blest are the single-hearted, for they shall see God.
Blest are the peacemakers; they shall be called sons of God.
Blest are those persecuted for holiness’ sake; the reign of God is theirs.
Blest are you when they insult you and persecute you and utter every kind of slander against you because of Me. Be glad and rejoice, for your reward is great in heaven.

10. What is Confirmation?

Confirmation is the Sacrament through which the Holy Spirit comes to us in a special way to enable us to profess our faith openly and to live a life of service and love.

11. Who is the usual minister of Confirmation?

12. What are the Seven Gifts of the Holy Spirit?

The Seven Gifts of the Holy Spirit are wisdom, understanding, right judgment, courage, knowledge, reverence and wonder and awe in God's presence.

13. What are the fruits of the Holy Spirit?

The fruits of the Holy Spirit are love, joy, peace, patience, kindness, goodness, truthfulness, gentleness and self-control.

14. When did the first Confirmation take place?

The first Confirmation took place on **Pentecost Sunday**, ten days after the Ascension of our Lord into heaven, when the Holy Spirit came down upon the Apostles.

15. Who is the Holy Spirit who comes to us in Confirmation?

The Holy Spirit who comes to us in Confirmation is the third person of the Blessed Trinity.

16. Is the Holy Spirit God?

Yes, the Holy Spirit is God.

17. How does the Holy Spirit come in Confirmation? How does the Bishop Confirm/

The Bishop extends his hands over those to be Confirmed, and prays that they may receive the Holy Spirit, and anoints their foreheads with Chrism in the form of the cross. Our Confirmation by the Bishop reminds us of the First Pentecost.

18. What is Chrism?

Chrism is the oil blessed by the Bishop on Holy Thursday. It is a sign of the strength the Holy Spirit gives us to carry out a mission for Jesus.

19. What does the Bishop say when he Confirms?

(NAME) BE SEALED WITH THE GIFT OF THE HOLY SPIRIT>

Newly Confirmed answer: AMEN.

Bishop: **PEACE BE WITH YOU.**

Newly Confirmed answer: AND ALSO WITH YOU.

20. Which Sacraments are called Sacraments of Initiation?

Baptism, Confirmation and Holy Eucharist are called Sacraments of Initiation.

21. Why are Baptism, Confirmation and Holy Eucharist called Sacraments of Initiation?

Baptism, Confirmation and Holy Eucharist are called Sacraments of Initiation because it is through these visible actions (Sacraments) that a person becomes a member of the Church.

THE APOSTLES' CREED

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He arose from the dead; He ascended into heaven, sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.